



thoughtscape NP
PSYCHIATRY

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Thoughtscape NP in Psychiatry



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PUBLIC POLICY

Website Privacy Policy

Public website information handling

About this policy

This policy explains how the public thoughtscape NP Psychiatry website handles information. The practice is operated by Jeffrey Panko, PMHNP-BC, and provides psychiatric care for adults in New York. This policy applies to website visits and general inquiries. Patient records are addressed in the separate HIPAA Notice of Privacy Practices.

Information you choose to share

The contact and referral forms help you prepare an email. Entered information stays in the page until you choose to open the email draft; the website does not submit those form entries to a practice database. Sending is a separate action in your email application. If you send the message, the practice receives the information you include and uses it to respond, coordinate next steps, and maintain appropriate business or clinical records.

Use general inquiries for practical questions. Please do not include medical records, a detailed health history, insurance identification numbers, or other sensitive information. Ask the practice how to send confidential information through an appropriate channel. Email is not an emergency service and may not be encrypted throughout delivery.

Medication and disorder searches filter the library in your browser. Typing a search does not send a separate search request to the practice. Search text may appear in the page address and your browser history; keep this in mind on shared devices.

Hosting and technical information

Cloudflare hosts and delivers this website. Like other hosting services, it processes technical information needed to deliver pages, protect the service, and diagnose problems. This can include an internet address, requested page, request time, browser or device information, and security-related signals. Hosting and security records are governed by the service configuration and applicable provider terms. See Cloudflare's Privacy Policy (<https://www.cloudflare.com/privacypolicy/>).

Cookies, analytics, and outside services

The website's own code does not use advertising pixels or visitor analytics, and does not set application cookies or save visitor information in browser storage. Fonts and site images are served with the website. Hosting protections and embedded third-party services may use their own technical identifiers or cookies.

Website booking is currently on hold while the practice prepares to open. The appointments page does not currently load the Google Calendar booking frame. If online booking is enabled later, this policy will be updated to describe the service and information handling. Links you choose to open to Google or another outside service are subject to that service's own privacy terms.

Links to professional directories and educational resources take you to separate websites with their own privacy practices. A listing shown without a link does not connect to that service. Newsletter signup currently uses an email request: the link opens your email application, and you must send the message to complete the request. The public website does not itself store a newsletter signup form or operate a patient portal.

Use, sharing, and retention

The practice uses information it receives to answer inquiries, arrange services, carry out requested administrative tasks, protect its operations, and meet legal obligations. Service providers may process information to support those activities. Patient information is subject to the additional limits described in the HIPAA notice.

The practice does not sell information submitted through website inquiries or use it for targeted advertising. Information is retained as needed for its purpose, applicable recordkeeping requirements, and resolving disputes or legal obligations. Retention periods differ between ordinary correspondence, clinical records, and providers' technical logs; this policy does not promise immediate deletion of records the practice must retain.

Your choices and questions

You can use your browser's cookie and history controls, avoid opening external links, and contact the practice by phone instead of email. To ask about information you have sent, request a correction, or discuss a privacy concern, contact Jeffrey Panko using the details below. Identity verification may be needed before information can be released or changed. A request does not override required medical-record retention.

This website is intended for adults and does not knowingly solicit personal information from children under 13. If you believe a child has sent information through a general inquiry, contact the practice.

Contact and updates

Privacy contact: Jeffrey Panko, PMHNP-BC Email: JMPankoNP@thoughtscapeNP.com Phone: 646-549-4694

Reasonable safeguards are used to protect information, but no website, email service, or transmission method can guarantee absolute security. Changes to this website or its services may require an updated policy. The current version and effective date will remain available on this page.